

Leading from the Inside Out



Think of a leader you most admire. What do you admire about them?

Tell me the leaders you admire, and I can tell you something about your leadership style. How we lead in the uphill journey of making positive change matters. Each of us has our own style and motivation for leadership.

Consider that leader you most admire and answer the following questions:

- What do you most admire about them?
- What did they accomplish as a leader?
- Why do you think they chose to be a leader?
- What was their obstacle and eventual breakthrough?
- In what ways are you like them and how are you different?
- What was it about how they led that inspired others to follow them?

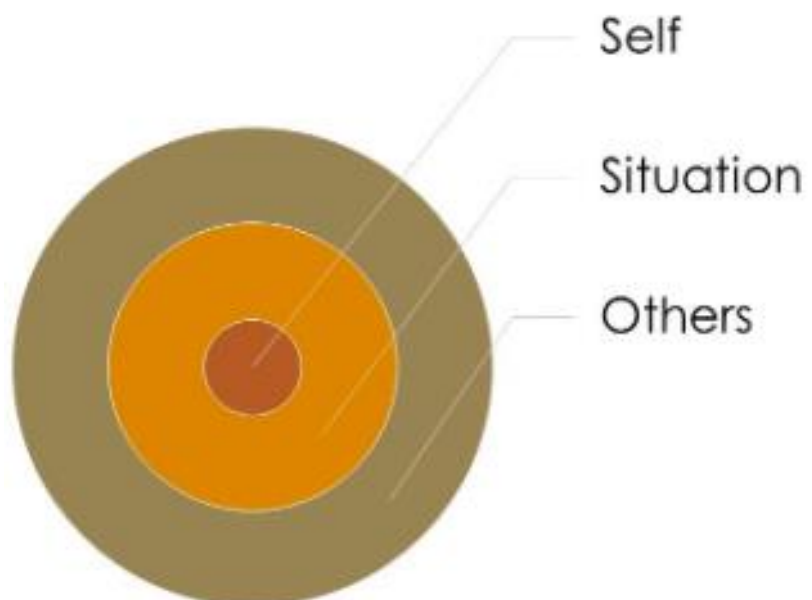
Perfecting our leadership style is important. Learning to love uphill provides the energy and sustainability to survive the predictable challenges leadership brings. How we lead and why we lead will translate into our style of leadership.

Every leader you admire brought their own style to their leadership, and so do you. Becoming a sticky leader requires that you measure your leadership success by examining the results of your efforts.

Sticky Leaders become that way because they lead from the inside out.

Leading from the inside out occurs in three parts: Self, Situation, and Others.

Each build on the previous, reinforcing and challenging both willpower and intentions.



First, sticky leaders practice self-leadership. We know that if we can't lead ourselves, who would even consider following us? It is easy to recognize that others are watching us to decide how to think and behave. Self-leading from the

STICKY LEADERSHIP

inside out means that what is inside us will leak out and we become visible to others. Therefore, focusing on ourselves first as a leader is important and this requires self-awareness to achieve self-leadership. This isn't easy or common.

Secondly sticky leaders know that after leading themselves they must lead the circumstances. Embracing the current reality based on the axiom that leaders can have no influence over that which they are not in relationship with means that inside out leaders become intimately familiar with what is and isn't working and then know what to do about it.

Finally, sticky leaders find themselves leading others because those who lead themselves and influence the circumstances make the ability to create change something that is attractive. People become curious and want to know how you do it and will come to learn and be influenced. Having influence over others occurs naturally for a sticky leader. Other forms of leadership appear manipulative when compared to this kind of leadership.